



Soul Mates & Twin Flames

by Dr. Oreon Masters

Relationships are mirrors that help us to learn more about ourselves. They are the most challenging and the most rewarding aspects of life. The more intimate the relationship the greater the opportunity for growth we are given.

There are three different types of relationship mirrors. One is the mirror of who you were. This mirror gives you the opportunity to see how far you have come, the chance to experience the karma that you have already cleared. So don't get caught up in this relationship worried about why it is coming back at this time, thank it and let it go.

A second type of relationship is the one that is mirroring where you are now on your path. If an issue or person has an emotional "charge" to it, then you still have work to do. This mirror is the hardest to look at because it reflects the issues you have not yet finished in your life. These are the things that we are the most blind to.

The last type of relationship is the one that mirrors your potential. This allows you to have a glimpse at who you could be, if you wanted to. This person is usually someone that you idealize and put on a pedestal or look up to.

Take a look at your various relationships and see which group they fall into. By knowing this you will gain insight into yourself. Self understanding is the entire reason for these mirrors, not to 'fix' the other person, but to look at yourself and learn.

The primary reason for most relationships is so you can work on your spiritual self and your karma! So with that said, the more you clear up issues for yourself, the more you ARE the 'right' person; the more you will attract the person you are looking for.

As you continue to work on yourself you will meet many potential partners, in every facet of life. From the point of view of Love relationships, though you may meet someone and the connection was so strong that it almost takes your breath away. You may have the experience of knowing someone's thoughts and feelings, almost before they do. When this happens you probably have connected with someone who is your Soul Mate or perhaps even your Twin Flame.

So now, what is a Soul Mate. Soul Mates are those beings that we have had connections with in past lives. They may have been our parents, siblings, spouses, friends, etc. and they have agreed to come back to join us again. The reason for this rejoining is so that we can each achieve balance in our lives. Our Soul Mates represent our spiritual family. By connecting with them we are reminded of the resonance of our Soul and also they help us to wake up and remember our purpose. Most of the time when we think of Soul Mates we are thinking of love relationships, but we can have Soul Mates that join us for business partnerships, healing relationships, and yes, love relationships. Any relationship we can have is open to the arena of Soul Mates. They may be a teacher or minister or counselor who comes into our life and touches it deeply. Soul Mates are truly our friends from many lifetimes who come to play again with on this Earth. Often they come into our lives for a specific time or event. They may even come into a love relationship to assist us in a specific learning and then move on. Whatever the purpose of being in each others lives it is a beautiful experience. When you connect with your Soul Mate in a love relationship, you have, in effect, found your perfect mate for where you are in your development as a Soul.



So if Soul Mates are our spiritual family, what are Twin Flames? Twin Flames are ourselves in another body. When Souls chose to enter into physicality, they were split into masculine and feminine aspects. Please note, I did not say male and female, because throughout our incarnations, we will be in both genders of bodies. When we first leave the Light to enter into physicality, we will connect with our Twin Flame. This is done so we will not feel so totally alone in the human experience. After this we go our separate ways and grow lifetime after lifetime in experience and wisdom until we are ready to break free of the bonds of physicality and mortality. When we have reached this stage we have the opportunity to reconnect with our "other half" or Twin Flame. The chances are that we meet our Twin Flame briefly in many lifetimes, but one or both of us are not ready for the intensity of this connection. When both halves of the whole are ready to come back together and meet they will discover that in that lifetime they have lead almost parallel lives. The events of their lives will mirror each other almost exactly. They may have come from very similar families and family dynamics. They may have had similar schooling or lack thereof. They may have almost identical careers. They may even have previous marriages and divorces within weeks of each other. When Twin Flames get to know each other, they will feel as if the other is reading their life script.

Once in relationship, the bond between Twin Flames can only be compared to the bond between identical twins. They are aware of each others thoughts, feelings, desires and needs at a level that is hard to imagine. The depth of Love is such that to be apart even for a day is a hardship. What is meant by that is that their hearts literally hurt when they are separated from each other. Even if only for the work day. It is this depth of Love that reminds them of the Oneness of Light to which they are returning. By anchoring this Love in the physical, not only are they preparing for their own ascension, but they are also leaving an imprint for others to follow in time for their own.

All relationships serve a purpose and should be honored and appreciated for what they have to offer you in your personal spiritual growth. Thank the person and the experiences for all that you have had the opportunity to learn and clear. Know that ALL relationships are sacred, because they bring us closer to the Light of All That Is. Amen and Be Blessed!